



ARLINGTON
HEALTH & FITNESS
781.648.LIFE(5433)

ONLY
\$25^{.99}
A MONTH

NO ENROLLMENT FEES

**GET YOUR FIRST MONTH
FOR FREE**



Seasons change... so can YOU!



ARLINGTON HEALTH & FITNESS . 29 MASSACHUSETTS AVENUE, ARLINGTON, MA 02474 . TEL. 781-648-5433
▶ Located on the corner of Mass Ave and Route 16 (Behind CVS Pharmacy) www.ArlingtonHealthandFitness.net



ARLINGTON
HEALTH & FITNESS

- ▶ Convenient and accessible location
- ▶ Immaculate 9,000 sq. ft. work-out area
- ▶ Home of the "Safe Start Program™"
- ▶ Featuring state-of-the-art free weights, cardiovascular and strength equipment
- ▶ Well-known Certified Personal Trainers
- ▶ Friendly and approachable staff
- ▶ Extended hours – 7 days a week
- ▶ Child care available
- ▶ Large parking area
- ▶ I.H.R.S.A affiliated; over 3,000 gyms worldwide

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A MONTH

- ▶ **JOIN NOW** and use this postcard to receive your first **MONTH for FREE!**
- ▶ There are no enrollment fees
- ▶ Ask about our cost-saving health insurance specials.

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